

Cassandra Velasco Adams

DIRECTOR OF
CHILDREN'S
PROGRAMMING



PROFESSIONAL BIO

Cassandra Velasco Adams joined Women's Resource Center to End Domestic Violence as a volunteer child and family advocate in 2014. After nearly six years of volunteering, interning and working with children at WRC, Cassandra assumed the position of Director of Children's Programming in 2019. Cassandra holds a B.A. in Religious Studies and a M.A. in Religious Studies with a concentration in Nonprofit Management from Georgia State University. Cassandra's graduate thesis was entitled "Project Peace: A Nonprofit Project Proposal," which advocated for mindfulness meditation in public schools as a method for promoting resiliency among children who have been exposed to trauma, regardless of their religious affiliations. Cassandra has served as our agency's SEE Learning specialist, a program that provides educators with the tools they need to foster the development of emotional, social, and ethical intelligence for students and themselves. She promotes activities that teach children to reflect on the world outside themselves, such as the practice of meditation. She also encourages fun, hands-on and creative learning environments that support the idea that collaboration leads to innovative solutions and produces a larger impact on those working together and the world they are working in. In addition to her role with Women's Resource Center, Cassandra teaches courses in the Religious Studies Department at Georgia State University to more than 200 students each semester.

GET IN TOUCH

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