# Did you know?

If you are concerned about your own safety and well-being or that of a senior you know, there are many free resources that will help.

## **Your independence**

- Are you able to get transportation when you have an appointment?
- Is your wheelchair, walker, hearing aid or glasses available when you need them?
- If your equipment breaks, is anyone keeping you from getting it replaced or repaired?
- Are you able to see your friends and family and enjoy your usual activities, or is someone preventing you from doing this?





# Finding help with independence

**DeKalb County Office of Senior Affairs**DeKalb Senior Link Line

(770) 322-2950

**DeKalb Senior Transportation** (770) 322-2967

iCare Senior Medical Appointment Transportation (404) 377-2273

**MARTA Mobility** (404) 848-5000

**OWL Transportation** (404) 373-9140 (for veterans only)

# **Financial and legal matters**

- Is a family member or caregiver taking or managing your money without your permission, or threatening to move you if you don't give them money?
- Has someone forged your signature on a document?
- Does your family member or a caregiver ask for money on a regular basis for themselves?



- Is anyone preventing you from getting legal assistance? Has someone asked you to sign documents like a Power of Attorney document to let them make decisions for you?
- Is someone asking you to sign a document when you aren't ready or willing to?
- Is someone threatening to reveal your immigration status or did they take immigration documents from you?



# Help with financial and legal matters

**Women's Resource Center** (404) 688-9436 (24-hour hotline)

**DeKalb County Probate Court** (404) 371-2718

**Adult Protective Services** 1-(888) 774-0152 (404) 657-5250 (In Metro Atlanta)

**DeKalb Volunteer Lawyers Foundation** (404) 373-0865 (9:00 am until noon on Mondays, Tuesdays, and Wednesdays)

**AARP Fraud Watch Helpline** (877) 908-3360



## **DeKalb County Resources**

ONE DeKalb Information (404) 371-2000

Office of Senior Affairs: DeKalb Senior Link Line (770) 322-2950

## **DeKalb County Senior Centers**

Central DeKalb Senior Center 1346 McConnell Drive, Decatur, GA (770) 492-5461

**DeKalb/Atlanta Senior Center** 25 Warren Street, Atlanta, GA (404) 370-7297

**Lithonia Service Center** 2484 Bruce Street, Lithonia, GA (770) 482-0402

**Lou Walker Senior Center** 2538 Panola Road, Lithonia, GA (770) 322-2900

North DeKalb Senior Center 3393 Malone Drive, Chamblee, GA (404) 358-7667

Scottdale Senior Center 3262 Chapel Road, Scottdale, GA (404) 501-0704

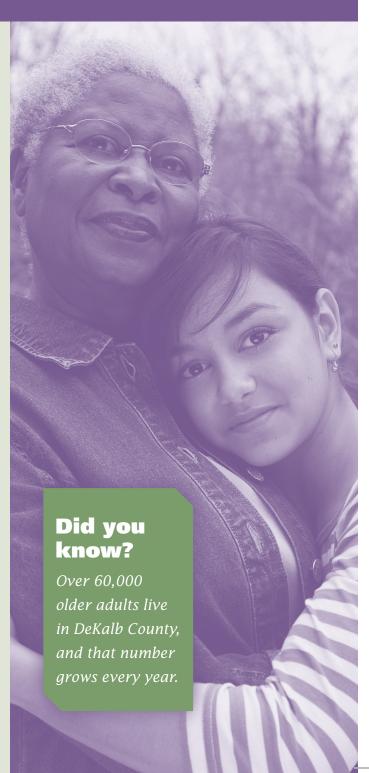
South DeKalb Senior Center 1931 Candler Road, Decatur, GA (404) 296-7937



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# A Guide to Living Safe

Important information for older adults living in DeKalb County, Georgia





# **Growing older and staying safe**

Elder abuse is a term that refers to any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or a serious risk of harm to an older adult.

# Did you know?

There are many programs that offer help tailored to realizing and maintaining a quality life.

## **Under Georgia law, abuse may be:**

**Physical abuse** - Inflicting, or threatening to inflict, physical pain or injury on a vulnerable elder, depriving them of a basic need, or non-consensual sexual contact of any kind.

**Emotional abuse** - Inflicting mental pain, anguish, or distress on an elder through verbal or nonverbal acts.

**Neglect** - Failing to provide essential services that results in harm or threatens to harm elders.

**Financial exploitation** - The illegal or improper use of an elder's resources for another's profit or gain.

Seniors deserve to be treated with dignity and respect. No one should compromise the safety, finances, mobility or health of yourself or a senior that you know. This brochure lists some common health and safety concerns that you or older adults you know may face and gives you some resources for help.

# **Your physical safety**

- Do you feel safe when your family members are with you?
- Is someone in your family hitting, pushing, kicking, or restraining you?
- Is a family member or caregiver calling you terrible names and/or saying mean things to you?
- Is your family member or caregiver making you feel sad after talking with them?
- Is a family member or caregiver threatening you with being placed in a nursing home or putting you out on the street?
- Has someone touched you inappropriately or in a way you did not like? Do you know someone experiencing these things?



# Finding help for physical safety

## **DeKalb County Police Department**

911 (for emergencies) (678) 406-7929 (for non-emergencies)

# Women's Resource Center

(404) 688-9436 (24-hour hotline)

## **DeKalb County Office of Senior Affairs**

DeKalb Senior Link Line (770) 322-2950

### **Adult Protective Services**

1-(888) 774-0152 (404) 657-5250 (in Metro Atlanta)

## **Abuse in a Long Term Care Facility**

1-(800) 878-6442

### **Day League**

(404) 377-1428 (24 hour rape crisis line)

#### Raksha

1-(866) 725-7423 (Support for South Asian women and families)

### Tapestri

(404) 299-2185 (Support for the immigrant and refugee community)

# Did you know?

You have a right to be comfortable with your quality of life.

## **Experiencing neglect**

- Is your family member or caregiver leaving you alone too often or not giving you what you need?
- Is anyone taking your medications away from you or keeping you from buying medications you need?
- Are you receiving enough of the right kind of food and drink?
- Are you able to bathe as often as you need to?
- Do you have clean clothing and enough personal hygiene supplies?
- Are you able to see your doctor, nurse, or dentist when you need to?





# **Help for neglect**

**DeKalb County Police Department** 911 (for emergencies)

#### **Adult Protective Services**

1-(888) 774-0152 (404) 657-5250 (In Metro Atlanta)

**Neglect in a Long term care facility** 1-(800) 878-6442

### **Women's Resource Center**

(404) 688-9436 (24-hour hotline)